

# SEASON FOR NONVIOLENCE

JANUARY 30 - APRIL 4



"Non-violence is not inaction.  
It is not discussion.  
It is not for the timid or weak ...  
Non-violence is hard work.  
It is the willingness to sacrifice.  
It is the patience to win."  
-- Cesar Chavez

[BetterWorldHeroes.com](http://BetterWorldHeroes.com)

## Be A Hero For A Better World

[BetterWorldClubs.com](http://BetterWorldClubs.com)

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