

# Be a Hero for a Better World

## Mother Teresa (1910-1997)

*"It is not how much you do,  
but how much love you put in the doing."*

Agnes Bojaxhiu, better known as Mother Teresa, was a Roman Catholic nun, and the world's most famous humanitarian to the poor. For more than 40 years, "The Saint of the Gutters" ministered to the sick and the "poorest of the poor" in Calcutta, India. In 1950 she started the Missionaries of Charity, which grew to more than 100 branches around the world, with more than 4000 nuns helping refugees, victims of natural disasters, the poor, the sick, and orphaned children.

Mother Teresa received the Nobel Peace Prize in 1979, as well as many other honors, including the Medal of Freedom in 1985. Her life and legacy have inspired countless others to dedicate their lives to make the world a better place by helping the hungry, homeless and sick of the world.



"Human rights are not a privilege conferred by government. They are every human being's entitlement by virtue of his humanity."

Mother Teresa was born on August 27, 1910 in Skopje, Macedonia

### Be A Hero For A Better World!

1. Find out more about this hero
2. Hold an event to raise awareness about human rights issues
3. Contribute to organizations working to defend human rights

### Human Rights Organizations

- Amnesty International ([amnesty.org](http://amnesty.org))
- Carter Center ([cartercenter.org](http://cartercenter.org))
- Human Rights First ([humanrightsfirst.org](http://humanrightsfirst.org))
- Human Rights Watch ([hri.org](http://hri.org))
- Rights International ([rightsinternational.org](http://rightsinternational.org))
- UN Office of the High Commissioner for Human Rights ([ohchr.org](http://ohchr.org))
- Witness ([witness.org](http://witness.org))
- Women's Human Rights Net ([whrnet.org](http://whrnet.org))

For more information: [www.betterworldheroes.com/teresa.htm](http://www.betterworldheroes.com/teresa.htm)

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