

# FREEDOM DAY - FEB 1

*"Emancipate yourselves  
from mental slavery.  
None but ourselves  
can free our minds.  
Won't you help to sing  
the songs of freedom?"*  
-- Bob Marley

[BetterWorldHeroes.com](http://BetterWorldHeroes.com)

## Be A Hero For A Better World

[BetterWorldClubs.com](http://BetterWorldClubs.com)

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